

PSYC 3509 B : ADOLESCENCE AND EMERGING ADULTHOOD

Instructor	Lisa Menard
Term	Winter 2026
Course Delivery	In person; Mondays 11:35 a.m. to 2:25 p.m.
Email Address	lisamenard@cunet.carleton.ca
Office Location	TBA
Office Hours	TBA

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

This survey course provides students with an overview of the biological, social, and cognitive processes that occur during the developmental periods of adolescence and emerging adulthood. Course content will include developmental changes which take place during adolescence, but the focus of the course will be on changes that occur during late adolescence and emerging adulthood. A major goal of the course is for students to critically examine the implications of these changes for growth and development while applying theories and discussions to relevant community/real world events that impact individuals and society.

EVALUATION (SUBJECT TO CHANGE)

Tentatively, evaluation will consist of:

- Short writing assignments
- Module Quizzes
- In-class participation activities
- Midterm Exam – in-person exam during class time
- Final Exam – in-person exam during the Formal Exam Period

TEXT

Required Text: Jensen Arnett, J. & Arnett Jensen, L. (2024). Adolescence and emerging adulthood: A cultural approach (7th ed.), Pearson.

The Brightspace course site will have information about the various textbook access options.