

EAAA

Sexual Assault Resistance Education Program

Program Dates

Weeknight: Sept. 19 to Oct. 10

Weekend: Sept. 23 and 24

The EAAA program is offered through a partnership between Carleton University's Equity Services Office and the Department of University Safety. It is an extensive sexual assault resistance and education course for women at Carleton University. This program has four units that are taught in 12 hours, either on weeknights or on the weekend.

Assess: Help women recognize when they are most at risk and identify how to minimize these risks.

Acknowledge: Recognize and overcome emotional barriers to defend personal rights in ways that are compatible with your emotional and social goals.

Act: Provide physical and verbal resistance strategies.

Enhance: Recognize personal values and desires.

*Private sessions available upon inquiry. LGBTQ+ friendly

More information is available at: <https://carleton.ca/equity/sexual-assault-support-services/eaaa/>

Contact eaaa@carleton.ca with any questions or to book your spot in the program.

