

SEO

Student Experience Office.
430 Tory Building

Summer Orientation

Campus
Services

What does your Campus Card do?

- Rent library books
- Use the CU on the GO printers
- eLaundry on residence
- Access to athletics facilities
- Access to your meal plan
- Make purchases all around campus



In-person: Residence Commons,
the Campus Card Office, and the
Print Shop

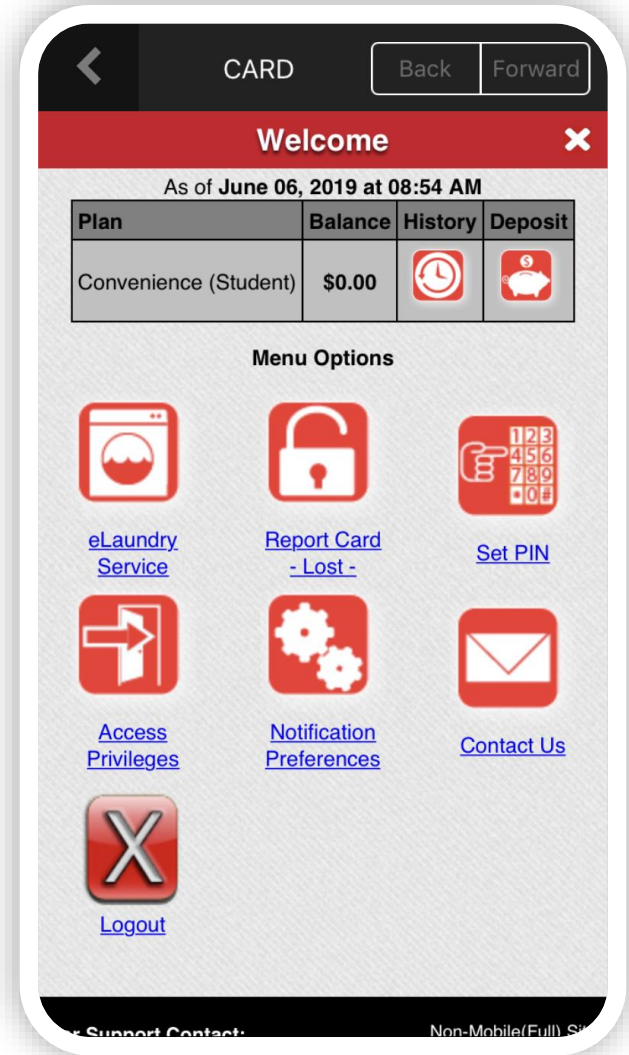
- Minimum \$5

Cash2Card machines on
campus: MacOdrum Library,
Residence Commons, University
Centre

- Minimum \$1

Online

- Minimum \$20



On the Web Centre you can...

CampusCard Web Centre

Transaction History | Deposit Funds | Report Card - Lost - | Set PIN | Access Privileges | Notification Preferences

Account	Balance*
Convenience (Student)	\$0.00 P

* as of June 17, 2

For Support Contact:
 CampusCard Office
 407 University Centre,
 1125 Colonel By Drive,
 Ottawa, ON, Canada, K1S 5B6
 Tel: +1 613-520-3547
 Fax: +1 613-520-7858
 Email: [CampusCard Office](#)

- Check transaction history or deposit funds
- Set pin for door access
- Set notifications for the eLaundry system
- Report a lost or stolen card
- Deactivate and reactivate your card

- For students who live on residence, use your convenience dollars to activate laundry machines
- Use the Web Centre to reserve machines and get notifications when your laundry is done

- There are 30 printers all around campus
- How to print:
 1. Use a Carleton computer, upload document online, or email your document to a CU on the GO address
 2. Swipe your campus card at any location
 3. Select the document you want to print and click “print”

	All Access	Ravens 500	Ravens 1000
Description	Costs \$2450, unlimited access to the caf, \$50 dining dollars	Costs \$500	Costs \$1000
Discount	N/A	5% off	15% off
Dining Dollars Top up available	Yes	No	Yes
Expiration	End of each semester	Does not expire	End of each semester

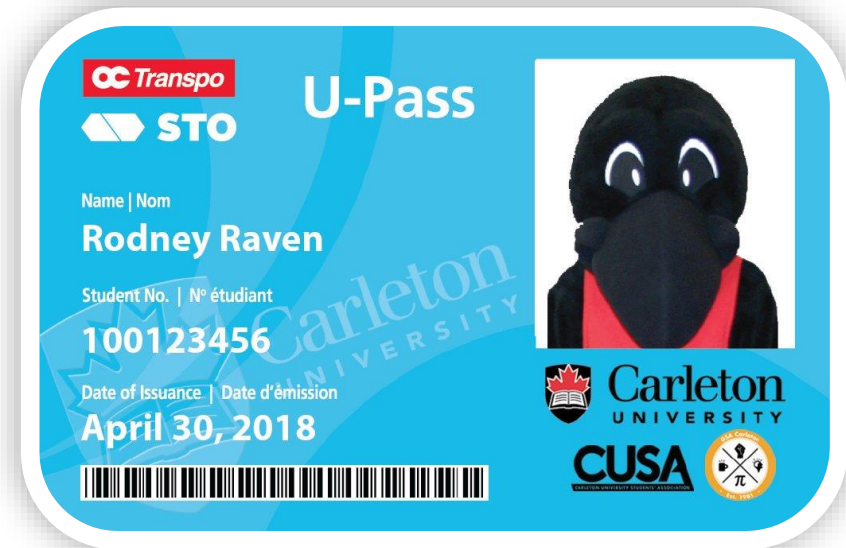
U-PASS gives you access to OC Transpo and STO services

- Para Transpo to certain rural zones require an extra fee

Buses on campus

- 7 St Laurent
- 10 Rideau
- 104 Place d'Orleans
- 111 Baseline

O-Train Trillium line



- Parking permits for long-term: apply through Parking Services website
- Visitor parking for short-term: certain lots across campus have visitor parking available
- Accommodations for accessibility: available through Parking Services



- Outdoor bike racks at most buildings
- Bike compound at Athletics can be accessed by purchasing a \$10 pass from parking services
- Locker rentals are \$50 for full year and can be purchased through Parking Services

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Student Experience Office

- Mentorship
- Campus Activity Board
- Orientation
- Community Engaged Learning

First Year Connections program

- First 6 weeks of the semester
- Apply carleton.ca/mentoring

Community Connections

- Long-term mentorship program

Campus Activity Board (CAB)

- Free events throughout the year
- Past events include CU Cinema, Epic Bingo, Bob Ross Paint Nights
- Students can also gain volunteer experience with CAB

Fall Orientation

- 1 week of fun activities for first year students
- Engfrosh and Sprosh for faculty-specific fall orientation programs
- All events are dry

Academic Orientation

- Mandatory for all first year students
- September 3, 2019 (morning)

Expo Carleton

- Clubs and societies event
- September 3, 2019 (afternoon)

Alternative Spring Break



Immersive learning experience over February reading week in a local or international community

Campus to Community



Half-day of volunteering and learning with a nonprofit organization in the Ottawa community

- Spirit Day is every Friday. Wear Carleton gear to get discounts around campus
- Co-Curricular Record is an extracurricular transcript to compliment your course work and can be accessed through Carleton Central
- SOAR is a one day leadership conference in January. Students can attend as a participant or apply to present. Past keynote speakers have included Astronaut Chris Hadfield, Arlene Dickinson, and Spencer West.
 - This year's conference is scheduled for January 18, 2020

- Student rights and responsibilities
- Awareness campaigns
 - Critical Social Media Use
 - Tenant Insurance
 - Community Relationships
 - Food Resources



SEO International Student Services Office

Student Experience Office.
430 Tory Building

- International student support
- Opportunity for exchange programs
- Job and volunteer opportunities



Carleton's Clinic

- Walk-ins from 8:30 to 4:30
- Appointments for prescription renewals, referrals to specialists, etc
- Can provide doctor's notes

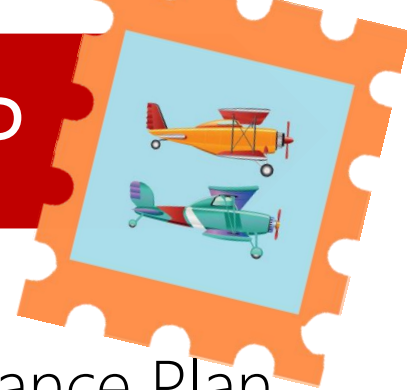
Residence Counselling

- 131 Renfrew House

Counselling Services

- 2600 CTTC

Therapy Dog program: Dogs owned by staff and faculty who have been trained to provide support. Visit campus once per week



International Student
Services Office



University Health Insurance Plan

- Mandatory for international students
- Equivalent to OHIP

CUSA Insurance

- Part of tuition fees
- Health and dental coverage
- Deadline to opt out is ***
- More information at www.ihaveaplan.ca



- Fitness centre
- Pool
- Ice rinks
- Dance studios
- Squash & Tennis courts
- Fieldhouse
- Accessible equipment
- ...and more!



Personal training

- Provided to students at a discounted price

Fitness classes

- Yoga, cycling, kickboxing, and more!

CUFit pass

- Access to fitness classes for \$6 a week!





Students can register for intramurals as a team or individually. Most intramural leagues are co-ed and offer recreational divisions.

Ball Hockey

Basketball

Dodgeball

Flag Football

Ice Hockey

Soccer

Ultimate Frisbee

Volleyball



BirdGang

- Membership for students
- Provides free access to all Carleton varsity home games
- Includes Ravens gear

Ultimate Ravens Frosh Package

- All University of Ottawa rivalry games access



The Bookstore is located in the first floor of the University Centre and sells course textbooks, Ravens swag, computer accessories, snacks, and more.

Four methods to purchase books:

- New: purchase brand new books for courses
- Used: some courses have used books available at a discounted price
- Rent: save up to 80% of the cost of a new book
- Digital: some courses have digital textbooks available

Bookstore also offers price matching for textbooks from Canadian retailers such as Indigo and Amazon.ca

Campus Safety

- Comprised of Special constables and student patrollers

Emergency Number:

- 613-520-4444

General Inquiries:

- 613-520-3612

Emergency Notification System

- Sign up on Carleton Central or via CU Mobile

Carleton University Student Emergency Response Team

- On campus 24/7 medical services
- Students can apply to be a part of this team



- Human Rights advising and assistance
- Centre for Indigenous Initiatives
- Sexual Assault Support Services

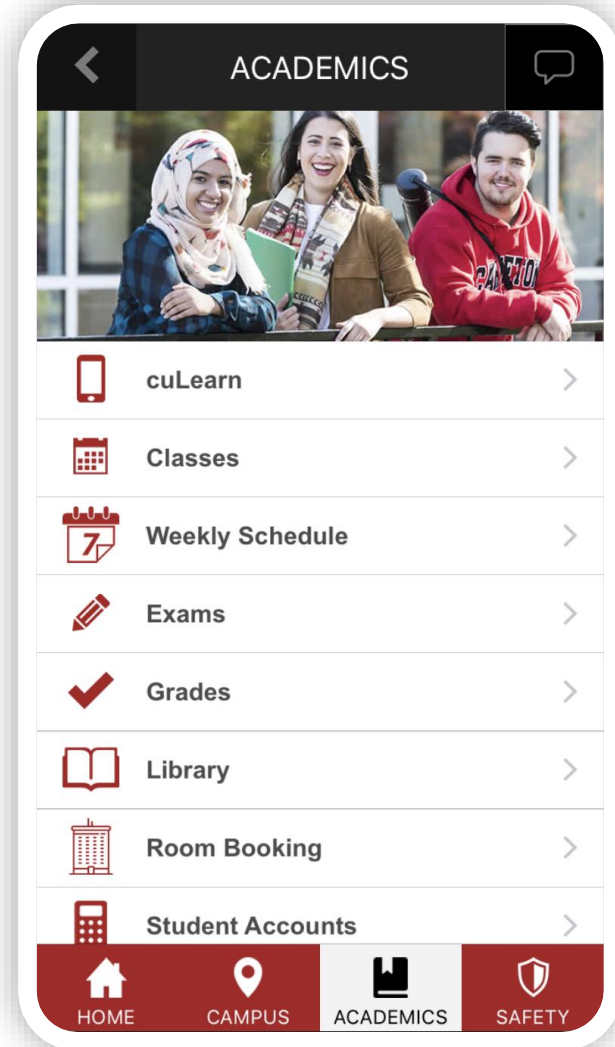


SEO CU mobile

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Carleton's Mobile App

- Available on iPhone and Android
- Student account information
- Campus map, class schedules
- eLaundry
- Safety features





If you ever have any questions about anything Carleton related, tweet using #CUask! @univservices will reply with an answer.

Questions?

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@CarletonSEO



carleton.ca/seo