

VOICES OF CEL

Welcome to Voices of CEL! This is a monthly newsletter where you can learn about CEL opportunities, read stories about student, staff and partner experiences in the program, as well as find volunteer and job opportunities. This newsletter has something for everyone and great opportunities to explore. This newsletter will come out around the middle of every month.



Community Engaged Learning (CEL) is a method of experiential learning that encourages action, reflection and real-world engagement. It allows people to participate in hands-on experiences while gaining critical thinking, problem solving and reflection skills through creating mutually beneficial relationships between individuals and communities. It also allows students to link their academic experiences to their communities.

Campus to Community

Campus to Community (C2C) Days are half-day sessions where students participate in service work with communities in the Greater Ottawa area throughout the whole academic year.

Our Campus to Community Days have wrapped up for this Fall Term! At the end of November, Carleton students travelled to The Ottawa Food Bank and helped unpack and sort donated food. Then on December 3rd, Students visited The Ottawa Mission and helped decorate the shelter for Christmas! Altogether, we partnered with three organizations and conducted 7 Campus to Community Days. Thank you to everyone who participated and contributed to the growth of the surrounding community and partner organizations.

More C2C dates will be added in the Winter Term. Stay tuned!

Leadership Building Opportunity



SOAR Student Leadership Conference

SOAR is Carleton's annual Student Leadership Conference. It includes Keynote Speaker Sarain Fox, expert speakers, student leaders and panel presentations. There will be interactive opportunities to help students grow their leadership skills, and there will also be a Networking Lunch! This is where you can interact with others and learn about the various leadership opportunities in Ottawa and the Carleton community. [Click here](#) to sign-up to attend SOAR on Saturday, January 28th, 2023.

Humans of CEL

Dhruv Vallath



My name is Dhruv Vallath and I am currently studying B.A Psychology with Minors in Business and Human Resources Management. I am in my fourth year of study. I am currently participating in both the Campus to Community and The Community Partnership Project initiatives. The reason I decided to join was apart from my academic and work experience, I also wanted to apply my skills and knowledge to an environment of philanthropy or benefaction. One where each and every members of the community, regardless of class or socio-economic status can cooperate and thrive in providing themselves and others, to achieve necessary objectives.

The most interesting aspects of these programs is, when completing the necessary program modules and taking part in the live sessions, I soon started to develop a layered understanding about various sections of the community, especially those who are in need of help. You realize that there is no one-size-fits-all answers to the problems. Each and every solution requires at least a thorough knowledge about the concerned entities, a horizontal collaboration with the necessary partners, coupled with long term thinking and a selfless mindset as well.

The one piece of advice I would like to impart to the potential participants is to not hesitate in asking questions for clarification or aid. It is okay to be clueless about some things and inquire for help. Shared wisdom and experiences over time will help in sorting that out.



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Related Articles

Ottawa Mission Smashes Record for Number of Christmas Meals Served from *The Ottawa Mission*

- The Ottawa Mission served an astounding 14,030 Christmas meals to people across the city of Ottawa, the highest total of holiday meals ever served in the shelter’s history.

The Ottawa Food Bank's Most Needed Items from *The Ottawa Food Bank*

- Read about which items are most needed at the Ottawa Food Bank, and how you can contribute!

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