

VOICES OF CEL

Welcome to Voices of CEL! This is a monthly newsletter where you can learn about CEL opportunities, read stories about student, staff and partner experiences in the program, as well as find volunteer and job opportunities. This newsletter has something for everyone and great opportunities to explore. This newsletter will come out around the middle of every month.

Community Engaged Learning (CEL) is a method of experiential learning that encourages action, reflection and real-world engagement. It allows people to participate in hands-on experiences while gaining critical thinking, problem solving and reflection skills through creating mutually beneficial relationships between individuals and communities. It also allows students to link their academic experiences to their communities.

Community Partnership Program: Applications are still open!

The Community Partnership Project (CPP) uses a community-engaged learning model which facilitates students' participation in service. This program connects Carleton Students with community organizations (charities, non-profits, and social service organizations) in Canada. After completing self-paced modules on CEL starting in October 2022, students will spend their winter reading week (February 2023) supporting community organizations with the research, planning, and execution of community-identified projects. If you want to join and be part of a capstone project with an organization, fill out this [form for student participation](#).

Campus to Community

Campus to Community (C2C) Days are half-day sessions where students participate in service work with communities in the Greater Ottawa area throughout the whole academic year.

On our most recent Campus to Community Day we partnered with Ausome Ottawa for their Trot or Treat event! Carleton students went to the Terry Fox Athletic Facility to support the event by completing assigned tasks and helping run different stations. Carleton students also supported Ausome Ottawa's Multisport/Get Moving Program by cheering on children as they helped them participate in sports. For our next Campus to Community Days we are partnering with The Ottawa Food Bank on November 25th (waitlisted) and The Ottawa Mission on December 3rd (waitlisted). If you are interested in participating you can [sign up here!](#)

Partner Spotlight The Ottawa Mission

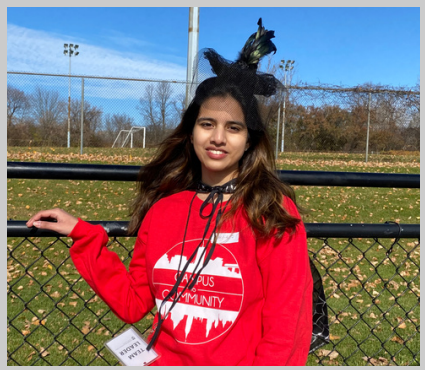
Last month we partnered with The Ottawa Mission. Founded in 1907, this organization works with people who are experiencing homelessness and poverty. They work towards making a change in people's lives, whether that's through providing a meal to eat, a place to sleep, educational support or job training. They serve 2,570 meals daily and shelters 1,192 annually. The Ottawa Mission also provides health services ranging from dental to mental health care to addiction treatment. The Ottawa Mission is more



than just a shelter; they are a community that helps our community.

Humans of CEL

Sakina Husain



My name is Sakina Husain. I am a second-year student in the Bachelor's in Health Sciences with a concentration in biomedical science. I participated in the Campus to Community program because I wanted to get more involved on campus and felt that this would be a great opportunity for me to give back and volunteer for causes that can help society. On Halloween 2022, I participated in Ausome Ottawa's Trot or Treat event held at the Terry Fox Facility. I was the team leader for the volunteers from Carleton and was responsible for leading them to the event and ensuring everything went smoothly. As volunteers, we were responsible for setting up the booths and helping with the clean up after the event. We were stationed at different booths and were actively interacting with children and participating in games and activities with them. I had a lot fun volunteering and seeing everyone in their Halloween costumes and would love to volunteer again! Community Engaged Learning is important because it allows students to learn outside the campus by exploring different avenues and learning more about important issues affecting the community. It allows students to gain skills and experience by working with local non-profit organizations. I would strongly recommend participating in the Campus to Community Days to someone who wants to get more involved with the surrounding communities. Volunteering can be a great way to get more involved and give back to the community. It can be a very rewarding experience and a great way to support causes that matter the most to you.



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Related Articles

Get Moving/Multisport Program from ***Ausome Ottawa***

- Learn more about Ausome Ottawa's program!

Diabetes Awareness Month from ***The Ottawa Food Bank***

- Healthy food is a key part of diabetes treatment but access to such foods can be difficult for a person living in poverty. Read more about the factors that correlate with diabetes and how the Ottawa Food Bank recognizes the importance of healthy food.

Previous Newsletters

September 2022

October 2022

Opportunities

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