

Title

YOUth - The Leaders of Today

Theme

Authentic Leadership

Type of Education Session

Experiential Learning

Length of the Education Session

30 minutes

Abstract

In this Education Session we will discuss the power of youth in making a change in the world. Delegates will talk about youth whom they recognize as making a change and then have the opportunity to point out skills, abilities and attributes that they themselves have in common with those leaders.

Workshop Outcomes

Delegates will learn about empowered youth and recognize that they have traits and skills they can use to be a leader in whatever capacity they want.

Why is this topic important?

Young people have the power to change the world. People must recognize that they are leaders and have the skills and abilities to make an impact.

Breakdown

5 minutes – Ice breaker in order to get people comfortable with each other and being their authentic self so that the session is productive

10 minutes – Delegates will be randomly placed under a group representing a young leader. Each delegate should individually use their resources and knowledge to find what the leader does and how they got to where they are. Answering the question "How is this leader being true to themselves through their approach to leadership?"

8 minutes – One delegate from each group will turn on their microphone and give a quick summary of the leader and point out skills, abilities, and attributes the leader has, and answering the question about authentic leadership

3 minutes – Presenters will facilitate an individual reflection exercise for the delegates by suggesting questions to think about in order for them to get thinking about their own skills, abilities, and how they are true to themselves through the leadership approach they take.

4 minutes – Evaluations & Questions

Takeaways

An individual reflection card where they can write their reflection on it, and add the photo of themselves. This will serve as a reminder for the delegates that they are empowered leaders, just like the leaders who were discussed in the session. Delegates will be able to complete their card before leaving the session.