<table>
<thead>
<tr>
<th><strong>Title</strong></th>
<th>YOUth – The Leaders of Today</th>
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</thead>
<tbody>
<tr>
<td><strong>Theme</strong></td>
<td>Authentic Leadership</td>
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<td><strong>Type of Education Session</strong></td>
<td>Experiential Learning</td>
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<tr>
<td><strong>Length of the Education Session</strong></td>
<td>45 minutes</td>
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**Abstract**
In this Education Session we will discuss the power of youth in making a change in the world. Delegates will talk about youth whom they recognize as making a change and then have the opportunity to point out skills, abilities and attributes that they themselves have in common with those leaders.

**Workshop Outcomes**
Delegates will learn about empowered youth and recognize that they have traits and skills they can use to be a leader in whatever capacity they want.

**Why is this topic important?**
Young people have the power to change the world. People must recognize that they are leaders and have the skills and abilities to make an impact.

**Breakdown**
- **7 minutes** – Ice breaker in order to get people comfortable with each other and being their authentic self so that the session is productive (photos to be incorporated taken either from a phone or from a polaroid camera & be sent out post-session)
- **15 minutes** – Delegates will work in small groups to discuss a young leader (provided to each group) and use their resources and knowledge to find what they do and how they got to where they are. They will discuss the question “How is this leader being true to themselves through their approach to leadership?”
- **13 minutes** – Each pair will give a quick summary of the leader they discussed and point out skills, abilities, and attributes the leader has, and answering the question about authentic leadership
- **5 minutes** – Presenters will facilitate an individual reflection exercise for the delegates by suggesting questions to think about in order for them to get thinking about their own skills, abilities, and how they are true to themselves through the leadership approach they take.
- **5 minutes** – Evaluations & Questions

**Physical Takeaways**
An individual reflection card where they can write their reflection on it, and add the photo of themselves taken during the icebreaker. This will serve as a reminder for the delegates that they are empowered leaders, just like the leaders who were discussed in the session. Delegates will be able to complete their card before leaving the session.