

Title

Becoming a Leader as a Minority

Theme

Opportunity Exploration

Facilitation Style

Collaborative Conversations

Length of Education Session

30 minutes

Abstract

During this education session, delegates will get to hear a summary and some anecdotes from Michelle Obama's book *Becoming*. Presenters will then facilitate an activity that will have delegates identify obstacles they have had to overcome as people belonging to minority groups and what skills, lesson, or outcomes that came from it.

Workshop Outcomes

Delegates will realize the potential they have as leaders and will feel empowered as members of a minority group.

Why is this topic important?

People belonging to minority groups often have to work twice as hard to reach their goals simply because of their identity (gender, race, or sexual orientation for example). It's extremely important to empower these minority groups and let them know they are not alone and that they can still be leaders.

Breakdown

5 minutes – Summary of Michelle Obamas book and turning points in her life. This will be presented in a Prezi and will end with a timeline showing the turning points and lessons that she learned.

5 minutes – Delegates will discuss in groups key points from Michelle Obama's life and the importance of facing obstacles, overcoming them and the impact it creates.

2 minutes - Presenters will explain the activity and give an example of a turning point in their life where they overcame an obstacle or learnt an important lesson.

10 minutes – Delegates will share their reflections with a small group in discussion with support from the facilitators. Debrief Activity as large group sharing key highlights and takeaways

4 minutes – Wrap up discussion – “what is one thing you can do moving forward as a leader in our community with this in mind”

4 minutes – Evaluations & Questions

Takeaways

Delegates will keep the online worksheet we create for the activity.