

VOICES OF CEL

Welcome to Voices of CEL! This is a monthly newsletter where you can learn about CEL opportunities, read stories about student, staff and partner experiences in the program, as well as find volunteer and job opportunities. This newsletter has something for everyone and great opportunities to explore. This newsletter will come out around the middle of every month.

Community Engaged Learning (CEL) is a method of experiential learning that encourages action, reflection and real-world engagement. It allows people to participate in hands-on experiences while gaining critical thinking, problem solving and reflection skills through creating mutually beneficial relationships between individuals and communities. It also allows students to link their academic experiences to their communities.

Campus to Community

Campus to Community (C2C) Days are half-day sessions where students participate in service work with communities in the Greater Ottawa area throughout the whole academic year.

Campus to Community Days are up and running again this Winter Term! On January 26th and February 12th, Carleton students will be partnering with Ausome Ottawa to support their basketball program and their Get Moving/Soccer program! Then on February 4th, participants will have the opportunity to support the In From the Cold program at Parkdale United Church. In From the Cold supports those experiencing poverty by serving a four course meal every Sunday evening from November – March.

If you are interested in attending any of these C2C days, you can [sign-up here!](#)

Leadership Building Opportunity

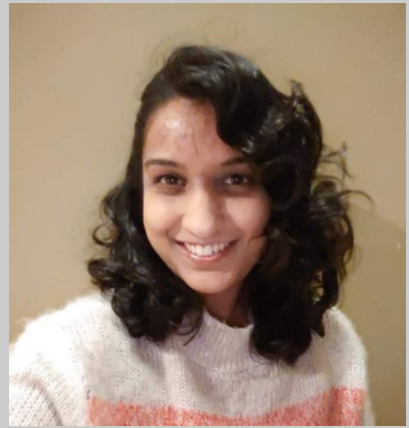


SOAR Student Leadership Conference

SOAR is Carleton’s annual Student Leadership Conference. It includes Keynote Speaker [Sarain Fox](#), expert speakers, student leaders and panel presentations. There will be interactive opportunities to help students grow their leadership skills, and there will also be a Networking Lunch! This is where you can interact with others and learn about the various leadership opportunities in Ottawa and the Carleton community. [Click here](#) to sign-up to attend SOAR on Saturday, January 28th, 2023.

Humans of CEL

Abida Kadri



Hello there! My name is Abida Kadri, and I am thrilled to be in my fourth year of study, pursuing my dream of a Bachelor of Arts Honours degree with a major in Psychology, a concentration in Health Psychology, and a stream in Mental Health and Well-being. It's a mouthful but I couldn't be more excited about it! I am honoured to be a part of The Community Partnership Project. I joined this initiative as it's an exceptional opportunity to enhance my skills in time management, effective communication, and an understanding of intersectionality. Intersectionality explains how different identities and experiences intersect and impact individuals and communities. The hands-on experiences provided through partnerships with community organizations will be a valuable opportunity to develop these skills. Additionally, this project offers a chance to expand my professional network by connecting with Carleton students of various degrees. My desire to contribute to the community and further my personal and professional development drove my decision to join The Community Partnership Project. As a psychology student, I understand the importance of leadership in personal and professional settings. I saw leading a team in CPP as an excellent opportunity to put my theoretical knowledge of leadership, group dynamics, and motivation into practice in a real-world environment while inspiring and guiding a group of volunteers toward a shared goal. As a team leader, I plan to apply my knowledge of my degree to provide more resources for the community and motivate others to do the same. My advice for anyone seeking a leadership role within their community would be to lead with empathy, actively strive to understand the perspectives of others, and to consistently communicate and work towards a shared vision that aligns with the values and needs of the community.



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January 2023

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