

CURRICULUM VITAE

Gabriella Hilkes

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EDUCATION

Sep 2022 –

Master of Arts, Forensic Psychology, Carleton University

- Supervised by Dr. Kelly Babchishin in the Sexually Harmful Behaviours Research Lab
- Dean's Honour List – 2022-2023
- Prospectus successfully defended – August 2023
- MA thesis – *Brothers Who Sexually Offend Against Their Sisters Versus Brothers Who Sexually Offend Against Unrelated Females: A Qualitative Analysis*

Sep 2017 – Apr 2022

Bachelor of Arts (Hons), Forensic Psychology, with Co-op, Carleton University

- Graduated with High Distinction
- Dean's Honour List – 2018-2019, 2019-2020, 2020-2021, 2021-2022
- Honours thesis supervised by Dr. Adelle Forth – *Coercive Bullying Among Forensic Inpatients: Predictive Utility of the VRAG-R*

AWARDS/ACHIEVEMENTS

- Social Sciences and Humanities Research Council (SSHRC); \$17,500 – 2023-2024
- Ontario Graduate Scholarship (OGS); \$15,000 – 2022-2023
- Student Travel Bursary; \$250 – 2023
- Teaching Assistantship (Carleton University); \$23,127 – 2022-2024
- Research Assistantship (Carleton University); \$6,500 – 2022-2024
- CUASA – Bill Jones Award; \$2,400 – 2022
- Carleton Domestic Entrance Scholarship (Masters); \$2000 – 2022
- Psychology Departmental Scholarship (Masters); \$9,000 – 2022-2024
- E.W.R Steacie Scholarship (Carleton University); \$2000 – 2020
- Lester B. Pearson Scholarship (Carleton University); \$2000 – 2019
- Carleton University Entrance Scholarship (Undergraduate); \$2000 – 2017
- Dean's Honour List, Carleton University (2018 – 2023)

EMPLOYMENT

Sep 2022 –

Teaching Assistant, Carleton University

- Research Methods (Fall 2022), Forensic Psychology (Winter 2023), and Introduction to Psychology (Fall 2023)
- Holding office hours to support students' needs, discuss assignments, and review course material
- Grading assignments, ensuring consistency and fairness across 85+ students

Sep 2022 –

Research Assistant, Carleton University

- Supervised by Dr. Kelly Babchishin in the Sexually Harmful Behaviours Research Lab
- Transcribing qualitative interviews
- Managing and training volunteers in the lab
- Organizing Research Ethics Board submissions
- Data cleaning and processing in E-Prime and SPSS (statistics software)
- Conducting literature reviews

Feb 2022 – Aug 2022

Research Assistant – Forensic Research Unit, Royal Ottawa Health Care Group

- Supervised by Dr. Michael Seto (Director of the Forensic Research Unit)
- Assisted with duties associated with the Global Perpetration Prevention initiative aimed at the prevention of child sexual abuse
- Conducted literature reviews and annotated relevant journal articles
- Assisted with writing two Research/Technical Reports

May 2020 – Aug 2022

Junior Analyst – Health Canada and Public Health Agency of Canada Research Ethics Board Secretariat

- Supervised by Dr. Greg Huyer (Manager of the Research Ethics Board Secretariat)
- Involved with ethical oversight of research protocols
- Created an Annual Report for 2020-21 and 2021-22 highlighting the activities of the Research Ethics Board
- Provided support and recommendations for the improvement of the Research Ethics Board's website as part of a larger effort to streamline the research ethics application process

Nov 2021 – June 2022

Research Assistant – Family Court Clinic, Royal Ottawa Health Care Group

- Supervised by Dr. Brad Booth (Forensic Psychiatrist)
- Entered data from Independent Medical Evaluations of individuals admitted to the Family Court Clinic for disability assessments
- Trained a volunteer on the data entry process

Sep 2020 – Dec 2020

Digital Communications Officer – Health Canada Communications and Public Affairs

- Assisted in drafting notifications for the “Get Updates on COVID-19” email subscription service, resulting in the distribution of trustworthy, user-driven, and accessible information to Canadians
- Monitored web analytics reports daily to ensure that information distributed to Canadians via “Get Updates on COVID-19” was relevant and important

June 2019 – Dec 2019

Administrative Assistant – Treasury Board of Canada Secretariat

- Provided support to supervisors by photocopying, compiling meeting notes and answering phones, maintaining exceptional organization skills and attention to detail
- Monitored emails and scheduled meetings on behalf of executives

OTHER RESEARCH EXPERIENCE

Jan 2022 – Apr 2022

Carleton University Independent Project – Forensic Research Unit, Royal Ottawa Health Care Group

- Co-supervised by Lindsay Healey (Carleton University Ph.D. candidate) and Dr. Michael Seto (Director of the Forensic Research Unit)
- Study title: *The Moderating Effects of the Big Five Personality Traits on Anger Expression and Aggression*
- Led an independent research study using a clinical dataset of patients from the Anger Disorders Clinic at the Royal Ottawa
- Wrote a mock manuscript submitted to the Psychology department at Carleton University

VOLUNTEER EXPERIENCE

Feb 2023 – June 2023

Social Media Intern – Uprise Psychology & Wellness (Therapy clinic in Ottawa)

- Researched psychology-related topics for social media channels and blogs
- Attended Uprise Psychology & Wellness events and produced social media content
- Developed and curated engaging content for social media platforms and blogs

Dec 2020 – Dec 2021

Crisis Line Responder – Distress Centre of Ottawa (200 hours)

- Trained in communication skills, active listening techniques, crisis intervention and suicide prevention/intervention
- Responded to callers in varying degrees of distress or crisis who may be experiencing suicidal ideation, mental or physical illness, addictions, abuse, or violence
- Provided emotional support to callers, helping them to establish personal goals and connecting them with community resources
- Followed directions for clients who required a specific management program or care plan

Dec 2019 – Sep 2022

Research Assistant – Forensic Research Unit, Royal Ottawa Health Care Group

- Supervised by Lindsay Healey (Carleton University Ph.D. candidate)
- Developed an understanding of forensic mental health laws, the forensic mental health system, and hospital policies and procedures
- Data collection with forensic inpatients including semi-structured interviews, questionnaire and risk assessment administration/scoring, and clinical chart reviews
- Navigated Meditech software to review patient files for data collection purposes

- Synthesizing data from hospital charts, court reports and other legal documents
- Data entry, summary and analyses using Excel and SPSS
- Data cleaning of qualitative interviews

May 2019 – Mar 2020

Recreational Assistant – Forensic Assessment Unit, Royal Ottawa Mental Health Centre

- Assisted the Recreational Therapist in the hospital's Secure Forensic Assessment Unit, patiently working one-on-one and in group settings with mental health patients.

PEER REVIEWED JOURNAL ARTICLES

Seto, M. C., Augustyn, C., Roche, K., & **Hilkes, G.** (2023). Empirically-based dynamic risk and protective factors for sexual offending. *Clinical Psychology Review*, 102355.

Hilkes, G., Healey, L. V., Forth, A., Seto, M. C. (2023). Coercive bullying among forensic inpatients: Predictive utility of the VRAG-R for assessing risk of perpetration. *Criminal Justice and Behavior*. [Submitted].

Seto, M. C., Roche, K., **Hilkes, G.** (2023). Group-based Child Sexual Exploitation. *Journal of Sexual Aggression*. [Submitted].

Holmes, E. J., Baskurt, S., **Hilkes, G.**, & Babchishin, K. M. (2023). Rates, correlates, and overlap between two sexually harmful behaviours: A comparison of the non-consensual forwarding of sexually explicit materials and in-person sexual coercion. *Journal of Sexual Aggression*. [Submitted].

RESEARCH AND TECHNICAL REPORTS

Seto, M. C., Roche, K., & **Hilkes, G.** *Group-based Child Sexual Exploitation: A Rapid Evidence Assessment*. Rapid Evidence Assessment for the UK's Ministry of Justice.

Seto, M. C., Augustyn, C., **Hilkes, G.**, & Roche, K. *Rapid Evidence Assessment for Risk and Protective Factors for Sexual Offending*. Rapid Evidence Assessment for the UK's Ministry of Justice.

CONFERENCE PRESENTATIONS:

Baskurt, S., Holmes, E. J., & **Hilkes, G.**, (June, 2023). Overlap between offline sexual coercion and online sexual coercion. In K. M. Babchishin (Chair) *Rates and Predictors of online and offline sexually harmful behaviours: Results from a large online Study*. Symposium presented at the 42nd Association For The Treatment & Prevention Of Sexual Abuse (ATSA) Conference. Aurora, CO, USA.

Hilkes, G., Baskurt, S., & Holmes, E. J., (June, 2023). Predictors of offline sexual coercion and online sexual coercion. In K. M. Babchishin (Chair) *Rates and Predictors of online and offline sexually harmful behaviours: Results from a large online Study*. Symposium presented at the 42nd Association For The Treatment & Prevention Of Sexual Abuse (ATSA) Conference. Aurora, CO, USA.

Holmes, E. J., **Hilkes, G.,** & Baskurt, S. (June, 2023). Exploring rates and characteristics of the non-consensual sharing of sexual materials. In K. M. Babchishin (Chair) *Rates and Predictors of online and offline sexually harmful behaviours: Results from a large online Study*. Symposium presented at the 42nd Association For The Treatment & Prevention Of Sexual Abuse (ATSA) Conference. Aurora, CO, USA.

Baskurt, S., Holmes, E. J., & **Hilkes, G.,** (June, 2023). Overlap between offline sexual coercion and online sexual coercion. In K. M. Babchishin (Chair) *Rates and Predictors of online and offline sexually harmful behaviours: Results from a large online Study*. Symposium presented at the 5th North American Correctional and Criminal Justice Psychology Conference (NACCJPC). Toronto, ON, Canada.

Hilkes, G., Baskurt, S., & Holmes, E. J., (June, 2023). Predictors of offline sexual coercion and online sexual coercion. In K. M. Babchishin (Chair) *Rates and Predictors of online and offline sexually harmful behaviours: Results from a large online Study*. Symposium presented at the 5th North American Correctional and Criminal Justice Psychology Conference (NACCJPC). Toronto, ON, Canada.

Holmes, E. J., **Hilkes, G.,** & Baskurt, S. (June, 2023). Exploring rates and characteristics of the non-consensual sharing of sexual materials. In K. M. Babchishin (Chair) *Rates and Predictors of online and offline sexually harmful behaviours: Results from a large online Study*. Symposium presented at the 5th North American Correctional and Criminal Justice Psychology Conference (NACCJPC). Toronto, ON, Canada.

Hilkes, G., Healey, L. V., Forth, A., & Seto, M. C. (2022, June 17-19). *Coercive bullying among forensic inpatients: Predictive utility of the VRAG-R* [Poster presentation]. Canadian Psychological Association 2022 Annual National Convention, Calgary, AB, Canada.

Hilkes, G., Healey, L. V., & Mathias, M. (2021, June 10-12). *The relationship between victim characteristics and referral for a court-ordered forensic assessment* [Poster presentation]. Canadian Psychological Association 2021 Annual National Convention, Virtual.

COURSES/CERTIFICATES:

1.5 Continuing Education Credits conferred by the Canadian Psychological Association for completion of the workshop: *Brief Mini-interventions for Traumatic Stress* – (June 2023)

1.5 Continuing Education Credits conferred by the Canadian Psychological Association for completion of the workshop: *Addressing Values and Life Priorities with Justice-Involved Clients in a Risk Reduction Framework* – (June 2022)

TCPS 2: Core Certificate 2022 – (June 2022)

STATIC-2002R Scoring – Certified (Feb 2022)

Distress Centre of Ottawa; 26 hours of training for Crisis Line – (Nov 2020)

PROFESSIONAL DEVELOPMENT AND TRAINING:

Knowledge of statistical coding in Excel, SPSS, and R software programs

Training in qualitative data analysis provided by Dr. Elisabeth Leroux – (April 2023)

Brightspace Introduction, Overview and Assignments Workshop – (Sept 2022)

TA Basics 101 Workshop – (Sept 2022)

TA Orientation in Psychology Workshop – (Sept 2022 & Sept 2023)

Workshop: Women Who Sexually Offend, Gender-Responsive Assessment, Treatment, and Management – (Sept 2023)

Workshop: Intersection of Human Trafficking & Sexual Offending: Practical Guidance for Professionals – (Sept 2023)

Self-Care, Wellness, and Support Series for TAs Workshop – (Sept 2023)