Sociology of Emotions

Instructor: Mehrnaz Golestaneh
Office: A736 Loeb
Office Hours: Wednesdays, 12-2 p.m.
Email: mehrnazgolestaneh@carleton.ca

Course meets: Tuesdays 8:35-11:25 in 3101 CB

Pre-requisites: SOCI 1001 and SOCI 1002, or SOCI 1003 [1.0], or ANTH 1001, or ANTH 1002, and third-year standing.

Course Description and Objectives:
What is sociology's business with emotions? We usually think about feeling as deeply personal and private experiences; however, the course is an invitation to think critically about social aspects of emotions and the role of society in teaching, shaping, regulating, controlling, and distributing emotions in the population. Then, together we unpack how emotions produce a circulation of effects on different aspects of social life. As such, this course, instead of relying on the biological and the psychological account of emotions that dominate this field of study, would emphasis on sociability of feelings. We will seek to answer questions such as: What are emotions? Can we measure emotions, and if so, how? What is the relationship between biology and emotions? Do emotions vary among diverse groups (racial, ethnic, gender, age, and social class groups)? How do emotions differ among cultures and nations? What is the relationship between emotions and technologies? What is and what should be the role of emotions in formulating public policies and social justice? We will address these and other questions by reading books and articles, class discussions and debate, viewing films and collecting information using the Internet, and other sources. Love, shame, sadness and happiness are some of emotions that will be explored. By the end of the term, students will be able to identify and explain social aspects of emotions in everyday lives as well as in social institutions they engage with, on daily basis.

Reading (s)/Textbook (s):


• Available at Heaven Books

All other required readings will be available online through Carleton library

Course Requirements & Methods of Evaluation:
1. Attendance and Participation 20% includes in-class activities and pop up quizzes
2. Midterm 20% Due date 16 Oct.
4. Portfolio 20% Due date 20 Nov.
5. Presenting the portfolio 5% Bonus mark 27 Nov. & 4 Dec.
6. Final paper 30% Due last day of class, 4 Dec.

Attendance and Participation, 20%

Each week students will be introduced to different activities, requiring individual or pair efforts that are worth 10% of the final grade, in addition to 5 pop up quizzes from readings and slides that are also worth a total of 10%.

Midterm, 20% (16 Oct)

Midterm exam includes multiple choice and short answer question that contributes to 20% of final grade.

Essay Proposal and bibliography, 10% (4-5 pages), (30 Oct)

The final paper is based on analysing either of two movies by choice: first “The Iron Lady” (2011), second “Victoria and Abdul” (2017), both available on YouTube. Students will submit a research paper proposal including annotated bibliography of the text book and at least one recommended reading. The proposal will be composed of five parts:

1- Name of the selected movie. (one line)
2- Two situations that show two types of emotions. (1 page)
3- Two to four concepts that explain the situation. (2 pages)
4- Gender, racial and classed dynamics of the situation. (1 page)
5- Annotated bibliography including the textbook and at least one recommended reading (two lines and more).

This is an opportunity to receive feedback. Further explanation in class.

Portfolio, 20% (4-6 pages), (20 Nov)
& Presentation 5% bonus mark (27 Nov & 4 Dec)

Students will provide a portfolio including four printed pieces of news related to emotions and social life. Moreover, students will submit a one-page long explanation to unpack the relationship between the news and the course material. For 5% bonus marks,
students have the opportunity to present the portfolio on 27 Nov & 4 Dec (Send an email and let me know in advance).

Detailed instructions/ practices will be provided throughout the term.

**Final paper, 30% (10-12 pages), (4 Dec – last class)**

As mentioned, the final paper is based on analysing either of two movies by choice: first “The Iron Lady” (2011), second “Victoria and Abdul” (2017), both available on YouTube. Students are required:

1- To identify two type of emotions such as love, anger, shame, etc. in the selected film and to describe the situation. (2-3 pages)
2- To explain the most relevant concepts in the course materials, including emotion norms, emotion management, emotional labour, etc. (2-3 pages)
3- To explain social aspects of the identified emotions using the key concepts. Pay attention to gender, racial and classed dynamics of the situation in the film and frame the explanation. (5-6 pages)

Detailed instructions/ practices will be provided throughout the term

**General Assignment Guidelines:**

Please note that all assignments should be handed in during class. If handing them in during class time is impossible they must be handed into the drop box before the office opens that morning (before 8am in B750 Loeb). If they are handed in after the office opens they will be marked as late and the late penalty will be applied.

**Format:** Any written material that you hand in must include a cover page with: 1) a title; 2) your name and student number; 3) course name with section; 4) instructor’s name: Mehrnaz Golestaneh; and 6) date.

Only hardcopy, typed, double-spaced submissions will be accepted. Please use Times New Roman font and default margins.

Students must keep hardcopies and electronic copies of their own assignments until final marks are posted.

Three percent per day will be deducted for late assignments including weekends and holidays. Only assignments that are accompanied by a medical certificate (specifying length of incapacitation) will be exempted from late penalties. Please discuss any medical extensions with the Instructor as soon as possible after the condition arises.

In accordance with the Carleton University Undergraduate Calendar Regulations, the letter grades assigned in this course will have the following percentage equivalents:
Lecture Schedule

Week I: 11 September

- Why study the sociology of emotions?
- No reading required

Week II: 18 September

- Thinking sociologically about emotions, the case study on love.
- Video:
  Documentary about love. What happens to our brain when we are in love.
- Recommended reading:

Week III: 25 September

- Emotion norms: the case study on different gender norms in different cultures, different gender norms in history.
- Required reading: 17-36 of the text book
- Video:
  The Queen - Helen Mirren, Martin Sheen, Peter Morgan, Stephen Frears, 2007 Audio-visual document.
- Recommended:
  Men, Don’t Stir: Reproducing traditional gender roles in modern wedding showers. - Beth Montemurro, 2005 Article, in *Journal of Contemporary Ethnography*, vol. 34, no. 1, pp. 6-35

Week IV: 2 October

- Emotion management, the case study on anger.
- Required Reading: 37-57 of the text book
- Video:
  *(I, Daniel Blake - Ken Loach, 2016 Audio-visual document)*
- Recommended:
Week V: 9 October

- Emotions and social theories: Simmel, Weber and Marx
- Required Reading:
- Video
  https://www.youtube.com/watch?v=u10qzqc2kNY
- Recommended:

Week VI: 16 October

- Emotional labour:
- Required reading: 74-95 of the text book
- Video:
  Ted talk, racialization of work-place, efficiency and resistance

**Note:** Midterm exam

23 October - Fall break

Week VII: 30 October

- Emotion exchange, exchange theory, the case study on love.
- Required reading: 58-73 of the text book
- Video:
  Selected movies’ trailer related to the topic
- Recommended:

**Note:** Proposal due

Week VIII: 6 November

- The social side of emotions in physiological perspective
• Required reading
  From VeryWellMind: https://www.verywellmind.com/theories-of-emotion-2795717
  From Psychology Today: https://www.psychologytoday.com/us/blog/fulfillment-any-age/201205/the-complete-guide-understanding-your-emotions
• Videos: selected videos from US politicians’ lectures
• Recommended:
  1- encyclopedia britannica: https://www.britannica.com/science/emotion

Week IX: 13 November

• Identifying emotions, case study on shame
• Required Reading 98-119
• Videos:
  poor shaming https://www.youtube.com/watch?v=mTvDmcbKMrs
  fat shaming: https://www.youtube.com/watch?v=A2QB00ZXbpA
• Recommended:

Week X: 20 November

• Emotions and technology: The case study of grief
  Erin Willis and Patrick Ferrucci, Mourning and Grief on Facebook: An Examination of Motivations for Interacting With the Deceased, OMEGA - Journal of Death and Dying, 76, 2, (122), (2017).
• Video:
• Recommended:

Note: Portfolio due

Week XI: 27 November

• Emotions and social justice: The case study of love in non-violent movements and love in non-governmental organizations
• Required reading:
  Please visit the link below:
Murray, A. F. (2011). Paradigm found: Leading and managing for positive change. New World Library. xiii-xix (Available at Library)

- Recommended:


Note: Presentation day for bonus mark

Week XII : 4 December
- Review class
- No assigned reading

Note: Presentation day for bonus mark
Note: Final paper due

Academic Regulations, Accommodations, Plagiarism, Etc.
University rules regarding registration, withdrawal, appealing marks, and most anything else you might need to know can be found on the university’s website, here: http://calendar.carleton.ca/undergrad/regulations/academicregulationsoftheuniversity/

Academic Accommodations for Students with Disabilities
The Paul Menton Centre for Students with Disabilities (PMC) provides services to students with Learning Disabilities (LD), psychiatric/mental health disabilities, Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorders (ASD), chronic medical conditions, and impairments in mobility, hearing, and vision. If you have a disability requiring academic accommodations in this course, please contact PMC at 613-520-6608 or pmc@carleton.ca for a formal evaluation. If you are already registered with the PMC, contact your PMC coordinator to send your Letter of Accommodation at the beginning of the term, and no later than two weeks before the first in-class scheduled test or exam requiring accommodation (if applicable).

*The deadline for contacting the Paul Menton Centre regarding accommodation for final exams for the Fall 2018 (December) exam period is November 9, 2018. The deadline for contacting the Paul Menton Centre regarding accommodation for final exams for the Winter 2019 (April) exam period is March 15, 2019.

For Religious Obligations:
Please contact your instructor with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For more details, visit the Equity Services website: www.carleton.ca/equity/wp-content/uploads/Student-Guide-to-Academic-
Accommodation.pdf

For Pregnancy:
Please contact your instructor with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For more details, visit the Equity Services website: www.carleton.ca/equity/wp-content/uploads/Student-Guide-to-Academic-Accommodation.pdf

For Survivors of Sexual Violence
As a community, Carleton University is committed to maintaining a positive learning, working and living environment where sexual violence will not be tolerated, and where survivors are supported through academic accommodations as per Carleton's Sexual Violence Policy. For more information about the services available at the university and to obtain information about sexual violence and/or support, visit: www.carleton.ca/sexual-violence-support

Accommodation for Student Activities
Carleton University recognizes the substantial benefits, both to the individual student and for the university, that result from a student participating in activities beyond the classroom experience. Reasonable accommodation must be provided to students who compete or perform at the national or international level. Please contact your instructor with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. https://carleton.ca/senate/wp-content/uploads/Accommodation-for-Student-Activities-1.pdf

Plagiarism
Plagiarism is the passing off of someone else's work as your own and is a serious academic offence. For the details of what constitutes plagiarism, the potential penalties and the procedures refer to the section on Instructional Offences in the Undergraduate Calendar. Students are expected to familiarize themselves with and follow the Carleton University Student Academic Integrity Policy (See https://carleton.ca/registrar/academic-integrity/). The Policy is strictly enforced and is binding on all students. Academic dishonesty in any form will not be tolerated. Students who infringe the Policy may be subject to one of several penalties.

What are the Penalties for Plagiarism?
A student found to have plagiarized an assignment may be subject to one of several penalties including but not limited to: a grade of zero, a failure or a reduced grade for the piece of academic work; reduction of final grade in the course; completion of a remediation process; resubmission of academic work; withdrawal from course(s); suspension from a program of study; a letter of reprimand.

What are the Procedures?
All allegations of plagiarism are reported to the faculty of Dean of FASS and Management. Documentation is prepared by instructors and departmental chairs. The
Dean writes to the student and the University Ombudsperson about the alleged plagiarism. The Dean reviews the allegation. If it is not resolved at this level then it is referred to a tribunal appointed by the Senate.

**Assistance for Students:**
Academic and Career Development Services: [http://carleton.ca/sacds/](http://carleton.ca/sacds/)
Writing Services: [http://www.carleton.ca/csas/writing-services/](http://www.carleton.ca/csas/writing-services/)
Peer Assisted Study Sessions (PASS): [https://carleton.ca/csas/group-support/pass/](https://carleton.ca/csas/group-support/pass/)

**Important Information:**
- Student or professor materials created for this course (including presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the author(s). They are intended for personal use and may not be reproduced or redistributed without prior written consent of the author(s).
- Students must always retain a hard copy of all work that is submitted.
- Standing in a course is determined by the course instructor subject to the approval of the Faculty Dean. This means that grades submitted by the instructor may be subject to revision. No grades are final until they have been approved by the Dean.
- Carleton University is committed to protecting the privacy of those who study or work here (currently and formerly). To that end, Carleton’s Privacy Office seeks to encourage the implementation of the privacy provisions of Ontario’s *Freedom of Information and Protection of Privacy Act* (FIPPA) within the university.
- In accordance with FIPPA, please ensure all communication with staff/faculty is via your Carleton email account. To get your Carleton Email you will need to activate your MyCarletonOne account through Carleton Central. Once you have activated your MyCarletonOne account, log into the MyCarleton Portal.
- Please note that you will be able to link your MyCarletonOne account to other non-MyCarletonOne accounts and receive emails from us. However, for us to respond to your emails, we need to see your full name, CU ID, and the email must be written from your valid MyCarletonOne address. Therefore, it would be easier to respond to your inquiries if you would send all email from your connect account. If you do not have or have yet to activate this account, you may wish to do so by visiting [https://students.carleton.ca](https://students.carleton.ca)