# CARLETON UNIVERSITY DEPARTMENT OF SOCIOLOGY AND ANTHROPOLOGY SOCI 3050 WINTER 2025 STUDIES IN THE SOCIOLOGY OF HEALTH

**Instructor**: Professor Steven Prus

Virtual Office Hours: Wednesday 2:30-3:30pm (or by appointment) at:

https://zoom.us/j/2288825844 **Email**: steven prus@carleton.ca

Pre-requisites: SOCI 1001 and SOCI 1002, or SOCI 1003, or ANTH 1001, or ANTH 1002.

**Method of Delivery:** Online, Synchronous **Course Schedule**: Wednesday, 8:35-11:25am

Course Description and Objectives: The health of individuals and populations is influenced by a host of personal, social, economic, environmental, and political factors. Collectively, these factors are referred to as the "determinants of health," and include income, literacy, gender, race/ethnicity, childhood experiences, social networks, lifestyle, healthcare access, and biology and genetics. This course focuses on a sub-group of these determinants—the social determinants of health—and how they affect the health of populations. The two-hour (8:35-10:35am) lecture (per week) is designed to provide an essential understanding of the socio- economic determinants of health. Each lecture is followed by (10:35-11:25am) a tutorial, as needed. Lectures, tutorials, tests, and office hours will be delivered synchronously (in real-time) through Zoom's video conferencing platform.

# **Learning Outcomes:**

- define and understand social determinants of health models
- explain how social factors shape health
- understand how the health of individuals and population are intertwined

**Reading(s)/Textbook(s):** Alan Davidson. *Social Determinants of Health: A Comparative Approach, Second Edition* (2019), Oxford University Press.

- The cost of the textbook is \$84.99
- Second-hand copies are also available and can be used in the course.

# **Course Requirements & Methods of Evaluation:**

Assessment *	Weight
Quiz (on-line, January 22 at 10:55-11:25am)	10%
Midterm Test (on-line, February 12 at 10:25-11:25am)	25%
Final Test (on-line, March 19 at 10:25-11:25mm)	25%
Course Paper (due on April 8)	25%
Class Attendance	15%

# \* Please note:

- 1. tests in this course use a remote proctoring service provided by Scheduling and Examination Services. You can find more information at <a href="https://carleton.ca/ses/eproctoring">https://carleton.ca/ses/eproctoring</a>. The minimum computing requirements for this service are listed on the SES website <a href="https://carleton.ca/ses/online-exams/e-proctoring/e-proctoring-course-outlinetemplate">(https://carleton.ca/ses/online-exams/e-proctoring/e-proctoring-course-outlinetemplate)</a>.
- 2. the self-declaration form (available on the Registrar's Office website) must be completed to request academic accommodation for a missed test or class attendance. The midterm and final tests will be re-scheduled on the following Saturday: February 15 at 6:00-7:00pm and March 22 at 6:00-7:00pm respectively. The tests cannot be rescheduled again.
- 3. Late papers will be penalized at a rate of 10% of the mark per day, barring completion of the self-declaration form available on the Registrar's Office website.

#### **Citation Style**

The Chicago author-date citation style (17th edition) must be used in the course paper. For more information, please see:

https://www.chicagomanualofstyle.org/tools\_citationguide/citation-guide-2.html

In this course, you are expected to learn from your texts, your teacher and from one another. This requires striving towards understanding each other but it does not imply striving towards finding agreement. Our class will be racially, religiously, politically, culturally, generationally, and economically diverse. We will be of different gender identifications and sexual orientations and our lived experiences and reactions to the course material will reflect this diversity. Sharing our perspectives and interpretations on the course material will enhance everyone's learning experience and you are encouraged to openly express any disagreements with the authors you will read, with your fellow classmates, or with the

Professor in the different participation for that are available for this course. However, you are expected to conduct yourself in such a way that shows the utmost respect to others who may – or may not – share your views. Derogatory comments and hateful behavior towards others (and their views) will not be tolerated.

Carleton University acknowledges the location of its campus on the traditional, unceded territories of the Algonquin nation. In doing so, Carleton acknowledges it has a responsibility to the Algonquin people and a responsibility to adhere to Algonquin cultural protocols.

#### **Additional Information**

In accordance with the Carleton University Undergraduate Calendar Regulations, the letter grades assigned in this course will have the following percentage equivalents:

$$A + = 90-100$$
  $B + = 77-79$   $C + = 67-69$   $D + = 57-59$ 
 $A = 85-89$   $B = 73-76$   $C = 63-66$   $D = 53-56$ 
 $A - = 80-84$   $B - = 70-72$   $C - = 60-62$   $D - = 50-52$ 
 $F = Below 50$  WDN = Withdrawn from the course DEF = Deferred

# Academic Regulations, Accommodations, Plagiarism, Etc.

University rules regarding registration, withdrawal, appealing marks, and most anything else you might need to know can be found on the university's website, here: <a href="https://calendar.carleton.ca/undergrad/regulations/academicregulationsoftheuniversity/">https://calendar.carleton.ca/undergrad/regulations/academicregulationsoftheuniversity/</a>

You may need special arrangements to meet your academic obligations during the term. For an accommodation request, the processes are as follows:

#### **Academic Accommodations:**

Carleton is committed to providing academic accessibility for all individuals. You may need special arrangements to meet your academic obligations during the term. The accommodation request processes, including information about the Academic Consideration Policy for Students in Medical and Other Extenuating Circumstances, are outlined on the Academic Accommodations website (students.carleton.ca/course-outline).

#### **Academic Accommodations for Students with Disabilities:**

The Paul Menton Centre for Students with Disabilities (PMC) provides services to students with Learning Disabilities (LD), psychiatric/mental health disabilities, Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorders (ASD), chronic medical conditions, and impairments in mobility, hearing, and vision. If you have a disability requiring academic accommodations in this course, please contact PMC at 613-520-6608 or

<u>pmc@carleton.ca</u> for a formal evaluation. If you are already registered with the PMC, contact your PMC coordinator to send your *Letter of Accommodation* at the beginning of the term, and no later than two weeks before the first in-class scheduled test or exam requiring accommodation (*if applicable*).

\*The deadline for contacting the Paul Menton Centre regarding accommodation for February/March examinations is **February 1, 2025** and **March 15, 2025** for April examinations.

#### For Religious Obligations:

Please contact your instructor with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For more details, visit the Equity Services website:

www.carleton.ca/equity/wpcontent/uploads/Student-Guide-to-Academic-Accommodation.pdf

# For Pregnancy:

Please contact your instructor with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For more details, visit the Equity Services website:

www.carleton.ca/equity/wpcontent/uploads/Student-Guide-to-Academic-Accommodation.pdf
For Survivors of Sexual Violence:

As a community, Carleton University is committed to maintaining a positive learning, working and living environment where sexual violence will not be tolerated, and where survivors are supported through academic accommodations as per Carleton's Sexual Violence Policy. For more information about the services available at the university and to obtain information about sexual violence and/or support, visit: <a href="www.carleton.ca/sexual-violencesupport">www.carleton.ca/sexual-violencesupport</a>

#### **Accommodation for Student Activities:**

Carleton University recognizes the substantial benefits, both to the individual student and for the university, that result from a student participating in activities beyond the classroom experience. Reasonable accommodation must be provided to students who compete or perform at the national or international level. Please contact your instructor with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist.

https://carleton.ca/senate/wpcontent/uploads/Accommodation-for-Student-Activities-1.pdf

#### Plagiarism:

Plagiarism is the passing off of someone else's work as your own and is a serious academic offence. For the details of what constitutes plagiarism, the potential penalties and the

procedures refer to the section on Instructional Offences in the Undergraduate Calendar. Students are expected to familiarize themselves with and follow the Carleton University Student Academic Integrity Policy (See <a href="https://carleton.ca/registrar/academic-integrity/">https://carleton.ca/registrar/academic-integrity/</a>). The Policy is strictly enforced and is binding on all students. Academic dishonesty in any form will not be tolerated. Students who infringe the Policy may be subject to one of several penalties.

# What are the Penalties for Plagiarism?

A student found to have plagiarized an assignment may be subject to one of several penalties including but not limited to: a grade of zero, a failure or a reduced grade for the piece of academic work; reduction of final grade in the course; completion of a remediation process; resubmission of academic work; withdrawal from course(s); suspension from a program of study; a letter of reprimand.

#### What are the Procedures?

All allegations of plagiarism are reported to the faculty of Dean of FASS and Management. Documentation is prepared by instructors and departmental chairs. The Dean writes to the student and the University Ombudsperson about the alleged plagiarism. The Dean reviews the allegation. If it is not resolved at this level then it is referred to a tribunal appointed by the Senate.

#### **Assistance for Students:**

Mental Health: As a student you may experience a range of mental health challenges that significantly impact your academic success and overall well-being. If you need help, please speak to someone. There are numerous resources available both on- and off-campus to support you. For more information, please consult <a href="https://wellness.carleton.ca/">https://wellness.carleton.ca/</a>

Academic and Career Development Services: <a href="https://carleton.ca/career/">https://carleton.ca/career/</a>

Writing Services: <a href="http://www.carleton.ca/csas/writing-services/">http://www.carleton.ca/csas/writing-services/</a>

Peer Assisted Study Sessions (PASS): https://carleton.ca/csas/group-support/pass/

# **Important Information:**

- Student or professor materials created for this course (including presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the author(s). They are intended for personal use and may not be reproduced or redistributed without prior written consent of the author(s).
- Students must always retain a hard copy of all work that is submitted.
- Standing in a course is determined by the course instructor subject to the approval of the Faculty Dean. This means that grades submitted by the instructor may be subject to revision. No grades are final until they have been approved by the Dean.

- Carleton University is committed to protecting the privacy of those who study or work here (currently and formerly). To that end, Carleton's Privacy Office seeks to encourage the implementation of the privacy provisions of Ontario's *Freedom of Information and Protection of Privacy Act* (FIPPA) within the university.
- In accordance with FIPPA, please ensure all communication with staff/faculty is via your Carleton email account. To get your Carleton Email you will need to activate your <a href="MyCarletonOne account">MyCarletonOne account</a> through Carleton Central. Once you have activated your MyCarletonOne account, log into the <a href="MyCarletonPortal">MyCarletonPortal</a>.
- Please note that you will be able to link your MyCarletonOne account to other nonMyCarletonOne accounts and receive emails from us. However, for us to respond to your emails, we need to see your full name, CU ID, and the email must be written from your valid MyCarletonOne address. Therefore, it would be easier to respond to your inquiries if you would send all email from your connect account. If you do not have or have yet to activate this account, you may wish to do so by visiting <a href="https://students.carleton.ca/">https://students.carleton.ca/</a>.

# **WINTER TERM 2025 – Important Dates and Deadlines**

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Date	Activity
December 30, 2024	Deadline for course outlines to be made available to students registered in full winter and early winter term courses.
January 3, 2025	University reopens.
January 6, 2025	Winter term begins. Full winter and early winter classes begin.
January 10, 2025	Last day for registration and course changes (including auditing) in early winter courses.
January 17, 2025	Last day for registration and course changes (including auditing) in full winter and late winter courses.

	Last day to withdraw from early winter courses with a full fee adjustment.
	Graduate students who have not electronically submitted their final thesis copy to the Faculty of Graduate and Postdoctoral Affairs will not be eligible to graduate in winter 2025 and must register for the winter 2025 term.
January 24-26, January 31-	Full fall and late fall term deferred final examinations will be held.

February 2, 2025	
January 31, 2025	Last day to withdraw from full winter courses and the winter portion of fall/winter courses with a full fee adjustment.
February 1, 2025	Last day for academic withdrawal from early winter courses.
	Last day to request Formal Examination Accommodations for Feb/Mar final examinations from the Paul Menton Centre for Students with Disabilities. Note that it may not be possible to fulfil accommodation requests received after the specified deadlines.
February 7, 2025	Last day for summative tests or examinations, or formative tests or examinations totaling more than 15% of the final grade, in early winter term undergraduate courses, before the official Feb/Mar final examination period (see examination regulations in the Academic Regulations of the University section of the Undergraduate Calendar/General Regulations of the Graduate Calendar).
February 14, 2025	Last day of early winter classes.

	Last day for final take-home examinations to be assigned in early winter courses, with the exception of those conforming to the examination regulations in the Academic Regulations of the University section of the Undergraduate Calendar/General Regulations of the Graduate Calendar.
	Last day that can be specified by an instructor as a due date for term work for early winter courses.
	April examination schedule available online.
February 17, 2025	Statutory holiday. University closed.
	Deadline for course outlines to be made available to students registered in late winter courses.

February 17-21, 2025	Winter break, no classes.
February 22-23, March 1-2, 2025	Final examinations in early winter undergraduate courses will be held.
February 24, 2025	Late winter classes begin.
March 1, 2025	Last day for receipt of applications to Bachelor of Architecture, Bachelor of Industrial Design, Bachelor of Information Technology (Interactive Multimedia and Design), Bachelor of Music and Bachelor of Social Work degree programs for the fall/winter session.
	Last day for receipt of applications for admission to an undergraduate program for the summer term.

	Last day for receipt of applications for admission from candidates who wish to be guaranteed consideration for financial assistance (including Carleton fellowships, scholarships and teaching assistantships) administered by Carleton University. Candidates whose applications are received after the March 1 deadline may be considered for the award of a fellowship, scholarship or teaching assistantship (Graduate students only).
March 7, 2025	Last day to withdraw from late winter term courses with a full fee adjustment.
March 14-16, 2025	Early winter undergraduate deferred final examinations will be held.
March 15, 2025	Last day for academic withdrawal from full winter, late winter, and fall/winter courses.
	Last day to request Formal Examination Accommodations for April full winter, late winter, and fall/winter final examinations from the Paul Menton Centre for Students with Disabilities. Note that it may not be possible to fulfil accommodation requests received after the specified deadlines.

March 25, 2025	Last day for summative tests or examinations, or formative tests or examinations totaling more than 15% of the final grade, in full winter term or fall/winter undergraduate courses, before the official April final examination period (see examination regulations in the Academic Regulations of the University section of the Undergraduate Calendar/General Regulations of the Graduate Calendar).
April 1, 2025	Last day for graduate students to submit their supervisor-approved thesis, in examinable form to the department.

	Last day for receipt of applications for admission to an undergraduate degree program for the fall/winter session from applicants whose documents originate from outside Canada or the United States, except for applications due March 1.
	Last day for receipt of applications from potential spring (June) graduates.
	Last day for summative tests or examinations, or formative tests or examinations totaling more than 15% of the final grade, in late winter term undergraduate courses, before the official final examination period (see examination regulations in the Academic Regulations of the University section of the Undergraduate Calendar/General Regulations of the Graduate Calendar).
April 8, 2025	Winter term ends.
	Last day of full winter, late winter, and fall/winter classes.
	Last day for final take-home examinations to be assigned, with the exception of those conforming to the examination regulations in the Academic Regulations of the University section of the Undergraduate Calendar/General Regulations of the Graduate Calendar.
	Last day that can be specified by an instructor as a due date for term work for full winter and late winter courses.
April 9-10, 2025	No classes or examinations take place.
April 11-26, 2025	Final examinations in full winter, late winter, and fall/winter courses will be held. Examinations are normally held all seven days of the week.

# **COURSE OUTLINE**

<b>Date</b>	<b>Topics and Required Readings</b>
Jan 8, 15, 22	Main Topics: Social Determinants of Health; Individual vs. Population Health; Health Care as a Determinant of Health; Social Epidemiology; Population-Health Perspective.
Jan 29, Feb 5, 12, 26	Readings: Introduction; Chs. 1-3  Main Topics: Income Inequality; Health Gradient; Early Childhood Development.
Mar 5, 12, 19	Readings Chs. 4, 5  Main Topics: Gender and Health; Health of Indigenous Peoples; Social Support, Social Exclusion, and Health; Social Exclusion, Racism and Health.
Mar 26, Apr 2	Readings: Chs. 6-8  Main Topics: Working Conditions; Homes, Neighbourhoods, and Urban Design/Built Environment; Food Security, Obesity, and Food Policies and Programs; Globalization and Human Health.
	Readings: Chs. 9-12, 14