



TURN DOWN THE HEAT

THROW ON A SWEATER OR BLANKET INSTEAD!



During these chilly winter months, you may be tempted to turn the heat all the way up



Instead, try adding more layers - throw on a sweater or cozy up with a blanket



Studies show that every degree you lower your thermostat in the winter can save you 1-3% on your energy bill



For more sustainability tips and information about sustainability initiatives on campus visit: carleton.ca/sustainability