Ottawa Premiere Screening

Friday 5th December  7pm
St. Paul’s University Auditorium – 223 Main Street

Tickets $10

Join us for this groundbreaking film, followed by a panel discussion featuring local birth professionals and a consumer.

Profits will go to the Ottawa Midwifery Consumer Group and The Birth Companion Program of Canadian Mothercraft.

Presented by Birth & Beginnings in partnership with Canadian Mothercraft

Information and Tickets: 613 721 1363 or 613 722 8642

“...It is possible to have an ecstatic birth – in fact, that is the best natural high that I know of. And these states of consciousness are best reached when a woman is fully aware and fully awake. Women don’t have a way to know how their body works until they really try it out in birth. I think that women can be just completely surprised by the change in them from giving birth – you have something powerful in you – that fierce thing comes up – and I think babies need moms to have that fierceness – you feel like you can do anything.”

Ina May Gaskin
WORLD-RENOVATED MIDWIFE